

South Hennepin Mental Health & Chemical Health Resource Guide

**Compiled by Hennepin South Services Collaborative's
Health & Mental Health Coordination Team**

October 2010



The Hennepin South Services Collaborative (HSSC) is a human services organization serving South Hennepin County. The agency has two divisions: 1) a research, planning, and coordination (RPC) arm and 2) a family services collaborative. It is a joint powers agreement among the cities and schools of Bloomington, Richfield, and Eden Prairie; Hennepin County; Bloomington Public Health; and Community Action Partnership of Suburban Hennepin (CAPSH). The Board is composed of the city managers and school superintendents of the three communities of South Hennepin, Executive Director of Community Action Partnership of Suburban Hennepin (CAPSH), Bloomington Public Health, and a representative from Hennepin County.

HSSC's mission is to provide research and planning to identify emerging needs and gaps in human services for residents of South Hennepin County and to coordinate existing services and develop potential resources to facilitate solutions.

HSSC utilizes Coordination Teams to address priorities identified by HSSC's biannual strategic planning process or those pressing issues that might arise for South Hennepin. Coordination Teams are comprised of diverse community members and service providers who participate in creative action planning to address needs and gaps in human services. The Health & Mental Health Coordination Team has formed to facilitate collaborative solutions that support individuals and families access to services within their community.

This guide was developed for human service professionals serving the South Hennepin area to assist them in making efficient and effective referrals to mental/chemical health related services. It is meant to contain services accessible to low income individuals and families, immigrants and refugees, and/or seniors.

Neither HSSC nor the Health & Mental Health Coordination Team endorses any of the services contained in this information booklet. Although the team made many efforts to ensure the accuracy of this information, we are aware that omissions or errors may occur. If you know of additional resources or corrections for future publications please contact:

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HEALTH & WELLNESS

Points of Referral

Eden Prairie FamiLink Resource Center

The Eden Prairie FamiLink Resource Center is a partnership between Eden Prairie Schools and the City of Eden Prairie. The resource center staff provides information and referrals to community resources related to housing, financial assistance, education, employment, family or health care supports, legal services, childcare and more. The staff will investigate resources; do the legwork necessary to discover the best resources for a family or individual's situation, and follow-up to ensure that callers have been connected to resources that meet their needs. This service is free and confidential.

Cost /Payment Options: Free

Location: The City of Eden Prairie's Office of Housing and Human Services located on the lower level of Eden Prairie Shopping Center.

Phone Number: 952-294-5950

Family Multicultural Resource Center/MIRA

MIRA provides information and referral to community resources for Spanish speaking, Hispanic and Latino community members living in Bloomington, Richfield, Edina, Eden Prairie, and south Minneapolis. It is the host agency at the Family Multicultural Resource Center in Richfield.

Future plans include agency collaboration to provide information and services regarding health, English as a second language, legal resources, computer classes, as well as providing onsite childcare for adult students. Services will also include resources for families from diverse populations who live in the south Hennepin area including Bloomington, Eden Prairie, Edina, Richfield and south Minneapolis.

Cost/Payment Options: Free

Location: Central Building--7145 Harriet Ave. S. #400, Richfield

Phone Number: 612-243-3064

Hours: 10 am – 2 pm, Monday – Friday

Bloomington Human Services Division

The City of Bloomington's Human Services Division acts as a catalyst to enhance the quality of life and services for Bloomington residents through partnerships, advocacy and resource sharing. The Division works to ensure essential needs are met, engages the community through volunteerism, supports the Human Rights Commission and the Bloomington Sister City Organization.

Location: Creekside Community Center 9801 Penn Ave. S. Bloomington

Hours: 8 am – 4:30 pm, Monday – Friday

Phone Number: 952-563-4953; 952-563-4944 V/TTY

E-Mail: humanservices@ci.bloomington.mn.us

Website: www.ci.bloomington.mn.us, keywords: Human Services Division

La Mision

La Mision provides information and referral to community resources for Spanish-speaking Hispanic and Latino community members living in Richfield, Bloomington, and Edina area. Services provided by partner organizations, include classes in English as a Second Language, CPR and babysitting; intake for legal services with Legal Aid and referrals for legal services; and assistance in applying for financial and medical assistance.

Includes La Familia Guidance Center services Mondays 9 am – 3 pm,
Thursdays 9 – 11 am

Location: The Church of Assumption, 305 E. 77th St., Richfield

Phone Number: 612-869-1824

Hours: 9:00 am – 3:00 pm, Monday – Thursday

United Way 2-1-1

Call United Way 2-1-1 and get connected with trained information specialists and volunteers. A confidential resource and referral call center that provides connection to resources including, childcare counseling, crisis response: volunteering / donating, food, health, housing, legal help, mental health, transportation, youth services, and senior services.

Languages: Multi-lingual lines available including Russian, Spanish, Hmong, Somali, others.

Cost/Payment Options: Free

Phone Number: 211; Cell phone users can call 651-291-0211

Hours: 24 hours a day, 7 days a week

Website: www.211unitedway.org

Wellness Centers

Bloomington Natural Care Center (Northwestern Health Sciences University)

Services: Chiropractic, acupuncture, Oriental medicine, massage therapy

Eligibility/Population Served: Open to all ages

Cost/Payment Options: Participates in several insurance plans for chiropractic services. Medical Assistance covers services only for spinal manipulation and x-rays. Non-covered services require payment at the time of service.

Languages: Interpreter services available.

Location: 2501 W. 84th St., Bloomington

Phone Number: 952-885-5444

Hours: 7 am – 7 pm, Monday – Friday

Website: www.nwhealth.edu/natcare/bloom

Community Programs

The following are organizations that offer classes, events and support services that support health and wellness.

Community Education

Bloomington & Richfield Community Education

Services: Aquatics, fitness centers, SHAPE (ESL, GED), over 250 classes on a variety of subjects. Refer to Community Education Catalog.

Eligibility/Population Served: Classes are offered in both cities for adults, persons 16 or older, unless otherwise indicated.

Cost/Payment Options: Low income Bloomington/Richfield residents may be eligible for fee assistance. For information call 952-681-6132.

Location: 2575 West 88th Street, 2nd floor, Bloomington; Central High School 7145 Harriet Ave. S., Richfield.

Phone Number: 952-681-6100

Hours: 7:30 am – 4 pm, Monday – Friday

Website: www.bloomington.k12.mn.us/community_ed

Eden Prairie Community Education

Services: Learning opportunities for preschoolers through adults.

Eligibility/Population Served: Residents and non-residents of Eden Prairie including youth, adults and older adults

Cost/Payment Options: Cost varies per program. Fee assistance of up to \$50 may be available for low income residents.

Languages: Interpreter services arranged through Eden Prairie schools.

Location: Offices are at 8040 Mitchell Road, Eden Prairie

Phone Number: 952-975-6940

Hours: 8 am – 4:30 pm, Monday – Friday. (Summer: 7:30 am – 4 pm)

Website: www.epcommunityed.org

Southdale YMCA

Services: Provides a wide range of activities and programs for people of all ages from the South Hennepin area. Programs include:

- Access to swimming lessons for members
- Free child care for children 6 wk-10 yr, up to 2 hr during adult activities
- Fitness center
- An Aquatic Center
- A full-size gymnasium and a Kids Gym
- A Climbing Wall
- Tri-City Skate Park
- 130 cardio, mind-body, and strength classes

Location: 7355 York Avenue South, Edina, MN 55435

Cost: Discounts available based on income and health insurance.

Phone Number: 952-835-2567

Hours: 5 am – 10 pm, Monday – Friday; 6:30 am – 9 pm, Sat. and Sun.

Website: www.ymcatwincities.org/locations/southdale.asp

Community Support

Charaka Community Support Program

Services: Mental Health, Recovery Education, Social Recreation, Young Adults Housing and Employment Program, Housing, Case Management, and Adult Rehabilitative Mental Health Services (ARMHS), peer support.

Eligibility/Population Served: Adults with Serious and Persistent Mental Illness.

Languages: Interpreter services available through Hennepin County

Cost/Payment Options: Most services are free, ARMHS, and case management are billable through Medical Assistance (MA) health plans.

Location: 7888 12th Avenue South, Bloomington MN 55425

Phone Number: 612-752-8350

Hours: 8:30 am – 4:30 pm Mon.– Fri., 12:30 – 4:30 pm 2nd and 4th Sat.

Website: www.resource-mn.org/spectrum

Vail Place- Hopkins

Services: Social/Recreational program, Vocational Assistance, Support/Educational groups, housing assistance, case management, psychiatric rehabilitation.

Eligibility/Population Served: Hennepin County Adults with SPMI (severe and persistent mental illness)

Location: 15 9th Avenue South, Hopkins

Transportation: On a bus line

Phone Number: 952-938-9622

Hours: 9 am – 4:30 pm Monday, Wednesday, Thursday; 9 am – 6 pm Tuesday, Friday; 12 – 3 pm, every other Saturday; open most holidays.

Website: www.vailplace.org

Family Centers

Bloomington/Richfield Early Childhood Family Center

Services: Classes, programs, and services for families with young children birth to 5 years old. Offers classes that help parents meet the challenges of parenting, school readiness programs, and early childhood screening.

Eligibility/Population Served: Families in Bloomington and Richfield with children from birth to kindergarten age.

Cost/Payment Options: Varies, sliding fee scale available

Location: Main office is located at the Pond Center, 9600 3rd Avenue South, Bloomington MN 55420.

Phone: (952) 681-6200

Hours: 8 am – 3:30 pm, Monday – Friday. Classes and preschool screenings vary.

Website: www.bloomington.k12.mn.us/community_ed/early_childhood

Eden Prairie Family Center

Services: Classes, programs, and services for families with young children from birth to adolescence. The purpose of Early Childhood Family Education is to strengthen families through the education and support of all parents in providing the best possible environment for the healthy growth and development of their children.

Eligibility/Population Served: Eden Prairie Families

Languages: English, Spanish and Somali-speaking liaison

Cost/Payment Options: Program fees vary; scholarship assistance

Location: 8040 Mitchell Road, Eden Prairie

Transportation: Transportation available to children participating in school readiness program

Phone Number: 952-975-6980; Scholarship information: 952-975-6992

Hours: 9 am – 4 pm, Monday – Friday. Summer: 8 am – 1 pm

Website: www.edenpr.org/famctr

Parks & Recreation

City of Bloomington Parks and Recreation

Services: A wide range of services including organized athletic activities. Facilities including park aquatic center, indoor ice rinks, golf courses, and cultural arts center.

Eligibility/Population Served: All are welcome.

Cost/Payment Options: Fees vary, call for current information. Fee assistance applications available for Bloomington residents.

Location: Bloomington locations.

Phone Number: 952-563-8877

Hours: Call for information 8 am – 4:30 pm. Program hours vary.

Website: www.ci.bloomington.mn.us

City of Eden Prairie Parks and Recreation/Eden Prairie Community Center

Services: Services and programs for all ages including: adult athletics, aquatic programs, arts, music, theatre, fitness, ice skating, outdoor center, and therapeutic recreation.

Eligibility/Population Served: All are welcome.

Cost/Payment Options: Fees vary for individual activities and programs. Limited financial Assistance is available for Eden Prairie residents. Application forms are available at the Community Center or Senior Center.

Location: Community Center: 16700 Valley View Road, Eden Prairie, MN
Parks and Recreation Office: 8080 Mitchell Road, Eden Prairie, MN

Phone Number: 952-949-8470 (Community Center)
952-949 -8442 (Parks and Recreation Dept.)

Hours: City Center Office Hours: Monday – Friday 8 am – 4:30 pm
Community Center Hours: 5:30 am – 10 pm 7 days a week

Website: www.edenprairie.org

Richfield Recreation Department

Services: Activities and programs for all ages include swimming, dancing, mini-golf course, arts and crafts, adult athletics, skating, music and theatre. Activities and programs are held at schools and parks throughout Richfield including the Richfield Community Center.

Eligibility/Population Served: Residents and non-residents of Richfield including children, youth, adults and seniors.

Cost/Payment Options: Fees vary for individual activities and programs. Limited financial assistance is available to residents of Richfield.

Location: 7000 Nicollet Avenue South, Richfield, MN 55423

Phone Number: (612) 861-9395 or (612) 861-9385

Hours: 8:30 am – 5 pm, Monday – Friday

Website: www.richfieldrecreation.com

Public Health

Bloomington Public Health

Services: Clinic services including: Women, Infant, Children's Nutrition program (WIC), flu shots, immunizations, tuberculosis (TB) screening, senior blood pressure checks and health topics, women's health screening for breast and cervical cancer, quarterly cardiovascular risk clinic.

- **Public health nurse (PHN)** home visiting to families for pregnancy, parenting, education, support. PHN home visits to the disabled and elderly for assessment, education, advocacy and referral.
- **Early intervention services** (Help Me Grow) for children 0-5 to assess behavioral, growth and developmental concerns. Assist with educational, health and social services.
- **Resource referrals** for individuals and families who are experiencing stressful living conditions, interpersonal violence, and/or unclean/unsafe living conditions.

Eligibility/Population Services: Residents of Bloomington, Edina, and Richfield. PHN home visits to Eden Prairie families.

Languages: Interpreters are available upon request.

Cost/Payment Options: Clinic fees are based on income and family size. Home visits are offered without charge and are supported by state and federal grants. Some health services are covered by private health insurance or Medicaid.

Location: 1900 West Old Shakopee Road, Bloomington

Transportation: On bus line.

Phone Number: 952-563-8900 V/TTY

Hours: 8 am – 4:30 pm, Monday – Friday. Service times may vary.
Nurse information line: 9:30 am – 4 pm, Monday – Friday.

Website: www.ci.bloomington.mn.us Keywords: Public Health Division

Minnesota Visiting Nurses Agency

Services: Home Health and Public Health Care services including:
Home Health Care Services - Home Health Aide/Homemaker, Skilled Nursing/Case Management, Personal Care Attendant Assessment, Wound Care, Medical Social Services, Physical, Occupational and Speech Therapy and more.

Family Health Care Services – Short term and long term perinatal and parenting services, Family Health Aid, Therapeutic Mothers and Children (NICU Follow Up, Lead Poisoning follow up, pediatric asthma etc.), Childcare Consultation, and Specialized Contracted Programs including car seat safety, SIDS grief support and in-home child and teen check ups

Corporate Wellness Program – immunizations, wellness screenings, employee training courses, extended family support services for employees

Eligibility/Population Served: Anyone residing in Hennepin, Ramsey, Near Anoka and Dakota Counties. **Some programs require referral from a physician. Call intake line for additional referral information.**

Languages: Interpreters available

Cost/Payment Options: Medicare, medical assistance, sliding fee scale, private pay, veterans assistance, private insurance, MHP, Medica, UCare

Location: 3433 Broadway Street NE, Suite 300, Minneapolis

Phone Number: 612-617-4600

Website: www.mvna.org

Senior Centers

Bloomington Senior Program

Services: Leisure activities and services including transportation, health and wellness clinics, educational programs, nutritional programs, congregate dining and a variety of other activities for individuals 55 years and older, and for individuals of any age with a disability.

Positively Aging is a quarterly publication advertising the programs, services and activities for older adults, sponsored by the City of Bloomington's Human Services Division at Creekside Community Center. For a free copy, stop by Creekside Community Center at 9801 Penn Ave. S. or obtain online at www.ci.bloomington.mn.us

Transportation: The City of Bloomington Bus Service is available for persons who determined to be ineligible to use Metro Mobility transportation. Routes are available Monday - Friday, 8:15 a.m. - 3:30 p.m., within Bloomington city limits only. Primary transportation service is to and from Creekside Community Center but other trips may be scheduled based on availability.

To reserve a ride or to determine eligibility, call 952-563-4948 or 952-563-4944 V/TTY

Cost/Payment Options: \$3.50 each way (adults)

Location: Creekside Community Center, 9801 Penn Ave. S.

Phone Number: 952-563-4944, FAX: 952-563-4957

Website: www.ci.bloomington.mn.us

Eden Prairie Senior Center

Services: The Center's staff works with seniors to organize activities including woodworking, card games, trips, tours, health and wellness classes and computer classes.

Transportation: The Senior Transportation program offers rides to the Senior Center and to activities and outings. A shopping trip is available every Monday morning. Volunteer drivers provide door-to-door service.

Location: 8950 Eden Prairie Road, Eden Prairie

Phone Number: 952-279-8050

Hours: 8:30 am – 4 pm, Monday – Friday

Website: www.edenprairie.org

Richfield Community Center

Services: The Center's staff work with seniors and provide activities for them. Senior dining is available Monday-Friday at noon. Call 612-869-6662 two days in advance for the required pre-registration for the dining.

Eligibility/Population Served: Seniors age 60 and older.

Cost/Payment Options: Free; suggested meal donation \$3.50.

Transportation: Metro mobility tickets can be purchased through the center, call 612-861-9362 with questions.

Location: 7000 Nicollet Avenue South, Richfield

Phone Number: 612-861-9360 or 612-861-9385

Hours: 8:30 am – 5 pm Monday – Friday

Hennepin County Libraries

Augsburg Park Library

7100 Nicollet Ave.
Richfield, MN 55423
952-847-5300

Oxboro Library

8801 Portland Ave. S.
Bloomington, MN 55420
952-847-5775

Eden Prairie Library

565 Prairie Center Dr.
Eden Prairie, MN 55344
952-847-5375

Penn Lake Library

8800 Penn Ave. S.
Bloomington, MN 55431
952-847-5800

Edina Library

5280 Grandview Square
Edina, MN 55436
952-847-5425

Southdale Library

7001 York Ave. S.
Edina, MN 55435
952-847-5900

Website: www.hclib.org

SUPPORT GROUPS

FAITH COMMUNITY RESOURCES

A wide variety of support groups are offered through South Hennepin communities of faith. These groups may change periodically. In an effort to ensure the accuracy of information in this guide a listing of communities of faith is provided here to find current support groups.

Richfield Faith Communities

Assumption Catholic Church
(AKA: Church of the Assumption)
305 E. 77th St.
Richfield, MN
612-866-5019
www.assumptionrichfield.org

Berea Lutheran Church
7538 Emerson Ave. So.
Richfield, MN
612-861-7121
www.berealutheran.org

Bethany Covenant Church
7121 Bloomington Ave.
Richfield, MN
612-869-2500
www.bethanycov.com

Catholic Church of Saint Peter
(AKA: St. Peter's Catholic Church)
6730 Nicollet Ave. So.
Richfield, MN
612-866-5089
www.stpetersrichfield.org

Church of New Life Christian Ministry
7101 Nicollet Ave. So.
Richfield, MN
612-823-6822

Emerson Congregational United Church of Christ
7601 Girard Ave. So.
Richfield, MN
612-869-3221
www.emersonchurch.com

Hope Presbyterian Church
7132 Portland Ave. So.
Richfield, MN
612-866-4055
www.hope-pc.org

House of Prayer Lutheran Church
7625 Chicago Ave. So.
Richfield, MN
612-866-8471
www.house-of-prayer.com

Mount Calvary Lutheran Church
6544 16th Ave. So.
Richfield, MN
612-866-5405
www.mtcalvaryrichfield.org

Oak Grove Lutheran Church
7045 Lyndale Ave. So.
Richfield, MN
612-869-4917
www.oakgrovelutheran.org

Richfield Baptist Church
6215 Oliver Ave. So.
Richfield, MN
612-869-5821

Richfield Church of Christ
7314 Humboldt Ave. So.
Richfield, MN
612-869-2677

Southview Baptist Church
6605 1st Ave. So.
Richfield, MN
612-866-5956
www.southviewbaptist.net

St. Nicholas Episcopal

7227 Penn Ave., So
Richfield, MN
612-869-7551
www.saint-nicks.org

St. Richard's Catholic Community

7540 Penn Ave. So.
Richfield, MN
612-869-2426
www.strichards.com

United Methodist Church of Peace

6345 Xerxes Ave. So.
Richfield, MN
612-866-0069

Woodlake Lutheran Church

7525 Oliver Ave. So.
Richfield, MN
612-866-8449
www.woodlakechurch.org

Eden Prairie Faith Communities

Christ Lutheran Church

16900 Main Street
Eden Prairie, MN 55346
952-937-1233
www.christlutheran.com

City Hill Fellowship

12901 Roberts Drive
Eden Prairie, MN 55346
952-941-7291
www.cityhill.org

E.P. Assembly of God

16591 Duck Lake Trail
Eden Prairie, MN 55346
952-934-2327
www.epaassembly.org

Eden Prairie Presbyterian Church

9145 Eden Prairie Road
Eden Prairie, MN 55347
952-937-8000
www.eppc.com

E.P. United Methodist

15050 Scenic Heights Road
Eden Prairie, MN 55344
952-937-8781
www.prairiechurch.org

LifePath Christian Community

9957 ValleyView Rd
Eden Prairie, MN
952-942-5447
www.lifepathcommunity.org

Grace Church

9301 Eden Prairie Road
Eden Prairie, MN 55347
952-926-1884
www.atgrace.com

Immanuel Lutheran Church

16515 Luther Way
Eden Prairie, MN 55346
952-937-8123
www.immanuel.us

**Islamic Institute of Minnesota
Masjid/ Mosque**

6861 Flying Cloud Dr
Eden Prairie, MN 55344
952-946-6061
www.iimsouthwest.org

King of Glory Lutheran

17850 Duck Lake Trail
Eden Prairie, MN 55347
952-934-1708
www.kingofglorylutheran.org

Liberty Baptist
6500 Baker Road
Eden Prairie, MN 55346
952-934-0811
www.libertybaptistmn.com

Life Church
14100 Valley View Road
Eden Prairie, MN 55344
952-937-6101
www.eplife.org

Pax Christi Catholic Community
12100 Pioneer Trail
Eden Prairie, MN 55347
952-941-3150
www.paxchristi.com

**Prairie Hill Evangelical
Free Church**
17200 Valley View Road
Eden Prairie, MN 55346
952-937-9593
www.phefc.org

Prairie Lutheran Church
11000 Blossom Road
Eden Prairie, MN 55347
952-829-0525
www.prairielutheran.org

Resurrection Life Church
16397 Glory Lane
Eden Prairie, MN 55344
952-934-5433
www.rezlife.org

St. Andrew Lutheran Church
13600 Technology Drive
Eden Prairie, MN 55344
952-937-2776
www.standrewlu.org

Victory Lutheran Church
16200 Berger Drive
Eden Prairie, MN 55347
952-934-0956
www.victorylcms.org

Wooddale Church
6630 Shady Oak Road
Eden Prairie, MN 55344
952-944-6300
www.wooddale.org

Bloomington Faith Communities

**Al-Rahman Muslim Community
Center**
8910 Old Cedar Ave.
Bloomington MN 55425
952-883-0044
www.mccminnesota.org

Atonement Lutheran Church
601 East 98th St.
Bloomington MN 55420
952-881-9244
www.atonement-bloomington.org

Bethany Missionary Church
6900 Auto Club Rd.
Bloomington MN 55438
952-946-4186
www.bethanytc.org

Bloomington Baptist Church
4300 W. 98th St.
Bloomington MN 55437
952-831-5046
www.bloomingtonbaptist.org

Bloomington Christian Church
9000 Bloomington Freeway
Bloomington MN 55431
952-888-4933

**Life Church
(Formerly Bloomington Church of
God)**
2201 W. 108th St
Bloomington MN 55431
952-884-0594
www.lifechurchinfo.org

Bloomington Covenant Church

10150 Xerxes Ave South
Bloomington MN 55431
952-831-8339
www.bcov.org

Bloomington Lutheran Church

9350 Portland Ave.
Bloomington MN 55420
952-888-2475
www.bloomingtonlutheran.org

Calvary United Pentecostal Church

8800 Nicollet Ave S.
Bloomington MN 55420
952-888-0215

CedarCrest Free Methodist Church

1630 E 90th St.
Bloomington MN 55425
952-854-8390

Cedar Valley Church

Assembly of God
8600 Bloomington Ave S
Bloomington, MN 55425
952-854-1100
www.cvchurch.org

Christ the King Lutheran Church

8600 Fremont Ave S
Bloomington MN 55420
952-881-8600
www.ctkb.org

Life Church

2201 West 108th St
Bloomington MN 55431
952-884-0594

**Church of Jesus Christ of
Latter Day Saints**

9700 Nesbitt Ave. S
Bloomington MN 55438
952-893-2393

**Community of the Cross
Lutheran Church**

10701 Bloomington Ferry Rd.
Bloomington MN 55438
952-941-1247
www.cclcmn.org

Congregational (St. Mark's U.C.C)

8630 Xerxes Ave S.
Bloomington MN 55431
952-831-3949

CrossPoint Church

Evangelical Free
9801 France Ave. S.
Bloomington, MN 55431
952-831-1785
www.cross-point.org

**Emmaus Lutheran Church
(AFLC)**

8443 2nd Ave. S.
Bloomington, MN 55420
952-884-4751
www.emmauslutheran.org

**Evangelical Free Church &
Evergreen Community Church**

901 E. 78th St.
Bloomington, MN 55420
952-854-1300

Grace by the Mall

Grace Lutheran Church
8700 Cedar Ave.
Bloomington, MN 55425
952-854-6638
www.gracebythemall.org

Hillcrest United Methodist Church

9100 Russell Ave. S.
Bloomington, MN 55431
952-881-8601
www.hillcrestmethodist.org

Holy Emmanuel Lutheran Church

201 E. 104th St.
Bloomington, MN 55420
952-888-2345
www.holyemmanuelmn.org

Jehovah's Witnesses
Bloomington Congregation
3211 W. 108th St.
Bloomington, MN 55431
952-888-5166

Jesus is Lord Church
2829 W. 102nd St.
Bloomington, MN 55431
952-888-2402
www.jil-church.org

**Lutheran Church of the
Redemption**
927 E. Old Shakopee Rd
Bloomington, MN 55420
952-881-0035

**Minnesota Valley Unitarian
Universalist Fellowship**
10715 Zenith Ave. S
Bloomington, MN 55431
952-884-8956
www.mnvalleyuu.org

Mount Hope Lutheran Church
3601 W Old Shakopee Rd
Bloomington, MN 55431
952-888-5059
www.mt-hope.org

Nativity of Mary Catholic Church
9900 Lyndale Ave. S
Bloomington, MN 55420
952-881-8671
www.nativitybloomington.org

Normandale Baptist Church
4701 W. 84th St.
Bloomington, MN 55437
952-831-2900
www.normandalebaptist.net

**Normandale Hylands United
Methodist Church**
9920 Normandale Blvd
Bloomington, MN 55437
952-835-7585
www.nhylandsumc.org

Oak Hill Lutheran Brethren Church
8901 France Ave S
Bloomington, MN 55431
952-881-9486
office@oakhillbc.org

Oak Grove Presbyterian Church
2200 W. Old Shakopee Rd
Bloomington, MN 55431
952-888-4621
www.oakgrv.org

Oxboro Evangelical Free Church
9431 Nicollet Ave S
Bloomington, MN 55420
952-881-6956
www.oxboro.org

Peace Lutheran Church
8600 E. Bush Lake Rd
Bloomington, MN 55438
952-944-6510
www.peacebloomington.org

**Portland Avenue United Methodist
Church**
8000 Portland Ave.
Bloomington, MN 55420
952-888-6070
www.paumc.org

Riverside Reformed Church
10201 Nicollet Ave S
Bloomington, MN 55420
952-888-4988
www.riversidechurch1.com

St. Bonaventure Catholic Church
901 E. 90th St
Bloomington, MN 55420
952-854-4733
www.saintbonaventure.org

St. Luke's Lutheran Church
1701 W. Old Shakopee Rd
Bloomington, MN 55431
952-881-5801
www.stlukes.ws

St Michael's Lutheran Church

Lutheran Church Missouri Synod
9201 Normandale Blvd
Bloomington, MN 55437
952-831-5276
www.stmichaelsbloomington.org

St. Stephen Lutheran Church

8400 France Ave S
Bloomington, MN 55431
952-831-4746
www.ststephen.net

Southtown Baptist Church

2600 W 82nd St.
Bloomington, MN 55431
952-881-1122
southtownchurch@msn.com

The Church of St. Edward's

Roman Catholic
9401 Nesbitt Ave S
Bloomington, MN 55437
952-835-7101
www.stedwardschurch.org

Transfiguration Lutheran Church

11000 France Ave. S.
Bloomington, MN 55431
952-884-2364
www.tlcmn.com

Unity South Church

7950 1st Ave S
Bloomington, MN 55420
952-884-6656
www.unitysouth.org

Alcoholism

Alcoholics Anonymous-Greater Minneapolis Intergroup

Services: A service office dedicated to helping newcomers who are seeking Alcoholics Anonymous connecting callers to meetings and support in their area.

Eligibility/Population Served: Anyone with a desire to stop drinking

Cost/Payment Options: Free

Location: Office location 7204 West 27th Street, Suite 113, Saint Louis Park

Phone Number: 952-922-0880

Hours: 9 am – 4:30 pm, Monday, Wednesday, Friday; 9 am – 7 pm, Tuesday, Thursday; 9 am – 1 pm, Saturday; Hotline – 24 hours a day

Website: www.aaminneapolis.org

Alzheimer's

Prairie Adult Care

Early Stage Memory Loss Support Group

This is a supportive and informative group specifically addressing the issues related to memory loss. Concurrent support groups meet for caregivers and care receivers. Sanctioned by the [Alzheimer's Association](#).

Eligibility/Population Served: Individuals diagnosed with early memory loss and their caregivers.

Cost/Payment Options: Free

Location: 16200 Berger Drive, Eden Prairie MN

Phone Number: 952-949-3126

Hours: 1:30 – 3:30 pm first Thursday of the month

Website: www.prairieadultcare.com

Attention Deficit Hyperactivity Disorder (ADHD)

Learning Disabilities Association of Minnesota

A non profit aimed at research-based practice in learning disabilities. The focus is on the educational and vocational needs of people of all ages who may experience difficulties in learning due to an established or suspected learning disability (LD) and /or attention-deficit/hyperactivity disorder (ADHD).

Services: Assessments, consultations, reading profiles, tutoring, young adult transition coaching for young adults, workshops and support groups

ADHD Workshops are facilitated by ADHD specialists and are offered several times a month. They provide education, awareness and enhanced coping skills and learning tools for individuals with ADHD or those associated with someone who is diagnosed.

Adult and Parent Support Groups offer new topics and open discussion, followed by group sharing and support to learn strategies, gain new outlooks, ask questions, and deepen understanding of ADHD concerns. Support Groups are facilitated by a professional with experience in ADHD issues.

Eligibility/Population Served: Children, teens, adults, including professionals and parents of children with ADHD or learning disability and/or related learning difficulty.

Languages: Community-base programs, Learning Connections and Parent's As Partner's offer workshops in Spanish

Cost/Payment Options: Workshops: \$30/person or \$40 for two family members. Support Groups are \$20

Location: 6100 Golden Valley Road, Golden Valley, MN 55422

Phone Number: 952-922-8374

Hours: 9 am – 5 pm; call for group times.

Website: www.ldaminnesota.org

Twin Cities CHADD

(Children and Adults with Attention-Deficit/Hyperactivity Disorder)

Services: These groups offer assistance for parents, children, young adults, adults and other stakeholders (psychologists, teachers, doctors, etc.) to provide advocacy, support, networking and information to those affected by AD/HD in their areas.

Eligibility/Population Served: Individuals with ADHD and their families

Cost/Payment Options: Free

Location: Call for meeting times and locations

Phone Number: 952-922-5761

Website: www.chadd.net

Caregivers

Prairie Adult Care

Services: **General Caregivers Support Group**

Meetings consist of current health care information and group discussion relevant to persons caring for an adult with physical or memory disabilities. The meetings are facilitated by qualified staff from Prairie Adult Care and Senior Community Services. Free respite care is available at Prairie Adult Care with advance notice.

Eligibility/Population Served: Caregivers, those diagnosed with early memory loss and Parkinson's

Cost/Payment Options: Free

Location: 16200 Berger Drive, Eden Prairie

Phone Number: 952-949-3126

Hours: 1:30 – 3:30 pm third Thursday of the month

Website: www.prairieadultcare.com

Divorce

Transitions and Divorce Education Services at the Storefront Group

Services: Offers the following 3 seminars in various metro locations for members of separating/divorcing families-

- Co-Parenting- a 4½ hour one-time educational seminar for parents around ongoing cooperative parenting issues. Held monthly in Richfield, Champlin, Golden Valley, Shakopee, and Shoreview.
- L.E.A.D.- a 3½ hour adult informational seminar about the legal process and financial challenges of divorce/separation. Held once a month in Richfield.

Parents in contested divorce are required by Minnesota State Law to attend 8 hours of parenting education, which is satisfied by taking both Co-Parenting and

L.E.A.D. Parents in uncontested divorces have the option of attending just the Co-Parenting seminar.

- Co-Kids- a 3 hour monthly creative educational workshop for children 5-12 years old of divorce/separation. Saturday mornings in Richfield.

Eligibility/Population Served: All are welcome.

Cost/Payment Options: Co-parenting - \$60 per person; L.E.A.D. - \$60 per person; Co-Kids – \$60/ adult, \$20 per child. A sliding Fee Scale is offered for those in need.

Location: The Storefront Group, 6425 Nicollet Ave. So., Richfield

Phone Number: 612-861-1675

Hours: 8 am – 8 pm, Monday – Thursday; 8 am – 5 pm, Friday; some Saturday classes are held.

Website: www.storefront.org

Domestic Violence

Cornerstone

Services: Open support groups for victims of domestic violence; educational groups on domestic violence, anger, and parenting; support groups specifically serving victims of domestic violence over 50 years of age, and those in the GLBT community; concerned others group for those working with a family member or friend who is a victim of domestic violence; spirituality group; girls and boys groups; licensed family therapists.

Eligibility/Population Served: All those affected by domestic violence.

Cost/Payment Options: Free; Sliding scale fee and third party payment for therapeutic services

Location: 1000 E. 80th St., Bloomington MN, 55420

Transportation: On bus line

Phone Number: 952-884-0376; 24 hour crisis line, 952-884-0330

Hours: Both evening and daytime groups, call for specific times

Website: www.cornerstonemn.org

Domestic Abuse Project (DAP)

Services: Groups for perpetrators of domestic violence- both men's and women's groups; Emerging Young Men Program; Groups for children

Eligibility/Population Served: Victims and perpetrators of domestic Violence

Cost/Payment Options: Sliding Scale Fee

Location: 204 W. Franklin Ave., Minneapolis MN, 55404

Phone Number: 612-874-7063

Hours: Call for group times.

Website: www.mndap.org

Tubman at Chrysalis Center

Services: Support groups for victims of domestic violence; Groups for perpetrators of domestic violence; Educational groups on topics such as wellness, finances, spirituality, parenting, etc.; Groups for teens and kids. Tubman at Chrysalis Center offers support groups for anxiety, depression and post abortion.

Eligibility/Population Served: People affected by domestic violence both victims and perpetrators.

Languages: English, Spanish, Hmong

Cost/Payment Options: Free/Sliding Scale Fee

Location: 3111 1st Avenue South, Minneapolis, MN
4432 Chicago Avenue South, Minneapolis MN

Transportation: On a bus line

Phone Number: 612-871-0118

Hours: 9 am – 8 pm, Monday – Thursday; 9 am – 5 pm, Friday.

Website: www.chrysaliswomen.org and www.tubman.org

Sojourner

Services: Support groups for victims of domestic violence; Groups for children; Parenting support groups.

Eligibility/Population Served: Victims of domestic violence

Languages: English, Spanish

Cost/Payment options: Free

Location: Hopkins, Minnetonka and Mound

Transportation: On bus line

Hours: Call for group times

Phone Number: 952-933-7433; 24 Hour Crisis Number: 952-933-7422

Website: www.sojournerproject.org

Gambling

Minnesota Gamblers Anonymous

Services: Information and resources related to gambling and locations of Gamblers Anonymous meetings.

Eligibility/Population Served: Individuals who are concerned about a gambling problem.

Cost/Payment Options: Free

Location: Meetings in South Hennepin area

Phone Number: Hotline 1-888-GAHELPS (1-888-424-3577)

Website: www.minnesotaga.com

Minnesota Gambling Helpline

Services: Provides a confidential 24 hour helpline for information and resources for individuals who are concerned about a gambling problem

Eligibility/Population Served: Minnesota residents who are concerned about their own gambling problem or that of another person

Cost/Payment Options: Free

Phone Number: Minnesota Gambling Helpline 1-800-333-4673

Hours: 24 hour Helpline

Website: www.dhs.state.mn.us

Grief

GriefShare

Services: GriefShare is designed to help you recover after the death of a family member, friend, or acquaintance. Their Website provides links to their support groups in the local area.

Eligibility/Population Served: New members may join anytime

Website: www.griefshare.org

Living With Grief Education Series

Services: Living with Grief is an educational program sponsored and presented by Fairview Hospice

Eligibility/Population Served: Open to the public

Cost/Payment Options: Free of charge

Location: Fairview Hospice, 600 W. 98th St, Suite 100 Bloomington, MN 55420

Hours: Call for group times

Phone Number: 612-728-2445, registration is required

Bloomington-Richfield Grief Support Coalition

Services: Information, education, and support for adults who are experiencing grief due to the loss of family member or friend.

Eligibility/Population Served: Adults

Cost/Payment Options: There is no fee. Donations accepted.

Location: Site rotates among Bloomington and Richfield Churches.

Phone Number: 952-835-7101, x220

Hours: Call for group times.

Mental Health

Mental Health Association

Services: Helps individuals find access to services, provide community education about mental illness, treatments and resources.

Eligibility/Population Served: anyone affected by mental illness or wanting to learn more about mental illness.

Cost/Payment Options: Free

Location: 2021 East Hennepin Avenue, Suite 412, Minneapolis

Phone Number: 612-331-6840

Hours: Monday – Friday

Website: www.mentalhealthmn.org

National Alliance on Mental Illness (NAMI) of Minnesota

Services: Support groups for families and patients with mental illness.

Eligibility/Population Served: Children, Adolescents and Adults with mental illness and their families.

Cost/Payment Options: Free

Location: Throughout the Twin Cities

Phone Number: 651-645-2948

Hours: Call for group times.

Website: www.namimn.org

PACER

Services: Workshops for parents of children with disabilities and the professionals working with families topics include Individuals with Disabilities Education Act (IDEA), the Individualized Education Plan (IEP) program, early childhood, transition for students 14-21 (housing, post secondary, employment, and community), and assistive technology.

Eligibility/Population Served: parents and professionals working with children with disabilities

Cost/Payment Options: Free

Location: Main Office: 8161 Normandale Blvd. Minneapolis.

Phone Number: 952-838-9000

Hours: 8 am – 5 pm, Monday – Friday

Website: www.pacer.org

Narcotics Anonymous (NA)

Services: NA is a fellowship of people for whom drugs have become a major problem. Members meet regularly to support one another in their recovery. NA members support one another in the application of the principles of the Twelve Steps and Twelve Traditions of NA.

Eligibility/Population Served: Anyone with a desire to stop using drugs, regardless of drug or drug combination used.

Cost/Payment Options: Free

Location: Office location: Sabathani Center 310 South 38th St Suite 115 Minneapolis, MN Meeting locations: Vary- call for more information

Phone Number: Office: 612-822-9472 Meeting information: 1-877-767-7676 Minneapolis/ St. Paul Helpline: 952-939-3939

Hours: Various meeting times, more information on website.

Website: www.naminnesota.org

Parenting

Arc of Greater Twin Cities

Services: **Family Connections:** Strengthening families and connecting them with services and other parents, siblings or caregivers is what Arc is all about. Arc's Family Connection programs include:

A. Parent Networking/Caregiver Networking Groups: information and support groups for parents and others who care for a person with a disability.

B. Family Access Groups: Arc offers monthly culturally specific networking and educational sessions for the entire family. The sessions are geared towards Inner City, African American, Hmong, African, American Indian and Latino families residing in Minneapolis and St. Paul. Participants have the opportunity to talk, eat, learn and play.

Eligibility/Population Served: Parents, siblings and caregivers of children with disabilities

Language: Spanish, Hmong and Somali speaking staff available for family access groups

Cost/Payment Options: Some events are free; others have fees, call for fee details

Location: 2446 University Ave. W., Ste. 110, St. Paul, **sites vary

Phone Number: 952-920-0855

Hours: Call for group times

Website: www.arcgreatertwincities.org

Bloomington/Richfield Family Center

Services: Parenting information, education and support. Most early childhood classes include discussion time for parents while children play together in early childhood classroom. Some classes are parent discussion only while others include parent-child activities.

See Family Centers for more information.

Eden Prairie Family Center

Services: K-12 Parent Education opportunities focusing on subjects including general parenting, supporting children's learning, general parenting and children's mental health, cool, calm kids and calm perspectives series and transition panels.

See Family Centers for more information.

The Family Partnership (formerly Family & Children's Service)

Services: Parenting support groups and information classes at various locations. The groups help parents who are trying to do their best to raise their children in these challenging times who want to build upon their present strengths. The purpose of these groups is to provide opportunities to learn healthy parenting skills.

Cost/Payment Options: Sliding-fee scale; childcare is provided on-site.

Phone Number: 612-728-2086

Website: www.thefamilypartnership.org

Minnesota Association for Children's Mental Health (MACMH)

Mental Health Support, Education, and Advocacy

MACMH serves Minnesota families and caregivers of children who have mental health needs, as well as professionals working with children who have mental health needs and/or their families. MACMH helps parents and professionals better understand issues related to children's mental health

Parent-to-Parent Program Support Groups offer encouragement and mentoring from trained parent facilitators for parents of children with mental health disorders. Parents learn about the multiple systems that serve children with mental health disorders and help them navigate these complex systems. The support group helps parents address the stigma and barriers associated with children's mental health disorders

Eligibility/Population Served: Minnesota families in need of support because of having a child with a mental health disorder diagnosis or concern as well as professionals serving these families.

Languages: English, other cultures.

Cost Payment Options: Free

Location: 165 Western Avenue North, Saint Paul 55102

Phone Number: 1-800-528-4511/ 651-644-7333

Hours: Call for support group locations and times

Website: www.macmh.org

MOM's Club (Bloomington, Eden Prairie, Richfield)

Services: The MOMS Club offers support, friendship, fun activities and informative meetings for stay at home mothers. Club options:

- **Monthly Meetings** with speakers and discussions which address topics of interest to women and parents, and offer opportunities to get to know other members.
- **Playgroups** for infants to school age children.
- **Babysitting CO-OP** where members help each other out by swapping babysitting hours.
- **Activities Groups** for the mothers like monthly MOMS Night Out, arts 'n crafts, recipe club, and other special interests.
- **Fun and educational** outings for mothers and their children.
- **Community service projects**
- **Newsletters** with information on latest chapter activities.

Eligibility/Population Served: Stay-at home Mothers.

Cost/Payment Options: Annual membership is \$20. The fee can be waived in cases of financial hardship

Contact: bloomingtonmomsclub@msn.com, richfieldmoms@yahoo.com, www.epmomsclubs.org. For Mothers of Multiples: www.mvmom.org

Website: www.momsclub.org

St. David's Child Development and Family Services

Services: Parent Support Groups are offered on an on-going basis at the Minnetonka site. All groups are facilitated by staff or trained parents.

Mother's Sharing Groups

For mothers who want to share the experience of living with a child who has special needs, find resources, and be supported (and supportive).

Eligibility/Population Served: Mother's of children with special needs

Cost/Payment Options: Free

Location: 3395 Plymouth Rd. Minnetonka, MN 55305

Phone Number: 952-939-0396

Hours: Call for group times.

Website: www.stdavids.net

Parkinson's

American Parkinson Disease Association Information and Referral Center of Minnesota

Services: Sponsors support groups for patients and families throughout Minnesota impacted by Parkinson's disease. Also provides physician referrals, a newsletter and conferences.

Eligibility/Population Served: Available to all

Cost/Payment Options: Free

Location: Support groups are held throughout the Twin Cities and Minnesota. Contact 612-863-5850 or 888-302-7762 for information on the location, time and dates of groups

Phone Number: 612-863-5850, 888-302-7762

Hours: 6:30 am – 5 pm, Tuesday and Thursday

Website: www.apdaparkinson.org

Prairie Adult Care

Services: **Support Groups** for persons with Parkinson's or related disorders and/or their caregivers. Members offer emotional support and tips on coping with the disease at monthly meetings. Informational sessions are offered periodically on Parkinson's research and care.

Eligibility/Population Served: Individuals diagnosed with Parkinson's

Cost/Payment Options: Free

Location: 16200 Berger Drive, Eden Prairie

Phone Number: 952-949-3126; call for group times.

Website: www.prairieadultcare.com

Mental Health & Chemical Health Treatment

The following table provides a quick reference checklist of all services listed in this section and their service provision area(s).

Provider	Mental Health	Chemical Health
Allina Medical Clinic	<input checked="" type="checkbox"/>	
ARK & Lifestyles Counseling Center		<input checked="" type="checkbox"/>
Aspen Medical Clinic	<input checked="" type="checkbox"/>	
Bill Kelly House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Carlson Drake House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Center for Victims of Torture	<input checked="" type="checkbox"/>	
Comunidades Latinas Unidas Servicio (CLUES)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Cornerstone	<input checked="" type="checkbox"/>	
Fairview Counseling Centers	<input checked="" type="checkbox"/>	
Fairview Southdale Hospital Inpatient Adult Mental Health	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
The Family Partnership (formerly Family & Children's Service)	<input checked="" type="checkbox"/>	
Family School Coordinator/ Children's Mental Health Case Management Services	<input checked="" type="checkbox"/>	
Hennepin County Services Front Door Access	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hennepin County Behavioral Health Case Management	<input checked="" type="checkbox"/>	
Hennepin County Forensic Case Management	<input checked="" type="checkbox"/>	
Hennepin County Mental Health Centers	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Provider	Mental Health	Chemical Health
Impact Program	<input checked="" type="checkbox"/>	
Mental Health Systems	<input checked="" type="checkbox"/>	
New Connections		<input checked="" type="checkbox"/>
New Outlook Early Intervention and Prevention Group	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Park Nicollet Alexander Center	<input checked="" type="checkbox"/>	
Park Nicollet Clinic in Eden Prairie	<input checked="" type="checkbox"/>	
Pride Institute	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ReEntry House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Relate Counseling Center	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
St. David's Child Development and Family Services	<input checked="" type="checkbox"/>	
The Storefront Group	<input checked="" type="checkbox"/>	
Teens Alone	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
TreeHouse	<input checked="" type="checkbox"/>	
Truancy, Property Offenders and Anger Management for Adolescents	<input checked="" type="checkbox"/>	
Tubman at Chrysalis Center	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Washburn Center for Children	<input checked="" type="checkbox"/>	
West Suburban Teen Clinic	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Allina Medical Clinic Woodlake

Services: Mental health services available by licensed psychologists, who provide individual, marital and partner counseling.

Eligibility/Population Served: Services are provided to children 5 years and older, with a focus on 12-19 year olds as well as counseling to adults 21 years and older.

Languages: English, interpreters available.

Cost/Payment Options: Most private insurances accepted. Medical assistance (MA) and MA health plans accepted. Cannot bill Medicare, but can bill a Medicare supplement if it has appropriate benefit.

Location: 407 W. 66th St., Richfield, MN 55423

Phone Number: 612-798-8800

Hours: 8 am – 5 pm, Monday – Friday

Website: www.allina.com

ARK & Lifestyles Counseling Center

Services: Outpatient services for persons with addictions including chemical assessment, evaluations, treatment planning, drug rehabilitation, gambling treatment, individual and group therapy, and groups for DUI/DWI offenders.

Eligibility/Population Served: Chemically Dependent adults; persons with Dual Diagnosis; DUI/DWI offenders.

Cost/Payment Options: Self-pay, Medical Assistance, private health insurance, state-financed other than Medicaid (e.g. Rule 25), military insurance-V.A./TRICARE

Location: 9613 Girard Ave. So., Bloomington

Transportation: On a bus line

Phone Number: (952)888-3511

Hours: Individual therapy by appointment. Evening groups Monday through Wednesday; weekend groups available.

Website: www.arklifestyle.com

Aspen Medical Clinic

Services: Therapy, adult psychiatry, and medication management.

Eligibility/Population Served: Adults, children 4-18; no child psychiatric services available.

Cost/Payment Options: MA, most private insurance, Medicare

Language: Therapy is provided in English only. Psychiatrist will use interpreters as needed.

Location: 7920 Cedar Avenue South, Bloomington

Phone Number: Main (952) 428-1800; Behavioral Health: 952-428-1750

Hours: 8 am – 5 pm, Monday – Friday

Website: www.aspenmed.org

Bill Kelly House

Services: An Intensive Residential Treatment Center for Mentally Ill and Chemically Dependent adults. Clients can stay for three months.

Eligibility/Population Served: Adults with serious and persistent mental illness. Hennepin County Case Manager authorization required.

Cost/Payment Options: Group Residential Housing funded, Social Security

Location: 3104 East 58th Street, Minneapolis

Transportation: On a bus line

Phone Number: (612)726-1502

Hours: 24 hours/7 days a week.

Carlson Drake House

Services: Group Residential Housing providing intensive residential treatment center for mentally ill adults with serious and persistent mental illness. Chemical dependency treatment available.

Eligibility/Population Served: Adults with Severe Persistent Mental Illness, must be referred by a **county case manager** (any county).

Location: 5414 West Old Shakopee Circle, Bloomington

Transportation: Bus stop is 1 mile away. Residents are driven to and from the bus stop.

Payment: Private health insurance; private pay, MA and Group Residential Home

Phone Number: (952) 888-5611

Hours: 24 hours a day/7 days a week

The Center for Victims of Torture (CVT)

Services: Recovery from physical and psychological trauma caused by torture. Services are confidential, comprehensive, based on need, not ability to pay. Clients receive multidisciplinary services: psychotherapy, social services, nursing care, general medical exam, psychiatry, and physical therapy.

Eligibility/Population Served: Survivors of physical or mental torture and their families. CVT is unable to service anyone who is currently chemically-dependent or a perpetrator of torture.

Languages: Interpreters available.

Cost/Payment Options: Accepts many private insurances and Medicaid. Clients are not turned away if they cannot pay for services.

Location: 717 East River Parkway, Minneapolis, MN 55455

Phone Number: 612-436-4800

Hours: 9 am – 5 pm, Monday – Friday

Website: www.cvt.org

Comunidades Latinas Unidas Servicio (CLUES)

Chemical Health Department

Services:

Chemical health assessment, DWI violation mandated chemical health classes; adult primary outpatient treatment and co-occurring disorders outpatient treatment (Rule 31 approved), aftercare, Alcoholics Anonymous (AA meetings), Narcotic Anonymous (NA meetings), and case management.

Advocacy and referrals to other services, such as assistance with basic needs, financial assistance, employment services, English as a second language classes and family services.

Eligibility/Population Served: Latino youth, adults and families suffering from chemical abuse and dependency.

Mental Health Department

Services:

Individual, couples, family and group therapy. Diagnostic assessments and psychological testing. Rule 29 licensed clinic. Psychiatric services are available to all therapy clients. All therapists are bilingual.

Eligibility/Population Served: Children over age 3 to seniors; immigrants, English and Spanish-speaking.

Languages: Spanish, English.

Cost/Payment Options: Program costs are based on insurance and a county grant for children under 18 years of age who do not have health insurance. A very limited sliding fee scale option for uninsured.

Location: 720 E. Lake St., Minneapolis

Phone Number: 612-746-3500

Hours: Hours vary by program.

Website: www.clues.org

Cornerstone

Services:

Residential Services include: Domestic Abuse Emergency Shelter, 24-hour Crisis Line, Housing Advocacy, Protection for Pets, Transitional and Supportive Permanent Housing.

Community-Based Services include: Criminal Justice Intervention, Family Court Advocacy, Support Groups, Parenting Education and Support, Senior Women Advocacy, Youth Programming, School-Based Violence, Prevention, and Individual & Family Therapy.

Eligibility/Population Served: victims of domestic abuse

Cost/Payment Options: free

Location: 1000 East 80th Street, Bloomington MN 55420

Transportation: bus line, will provide transportation to emergency safe housing and court appearances.

Phone Number: 24 hour helpline, 952-884-0330

Website: www.cornerstonemn.org

Fairview Counseling Centers

Services: Short-term, solution focused therapy for couples, families, group, and individuals on an outpatient basis. No psychiatric services at Eden Prairie location.

Eligibility/Population Served: Anyone needing counseling services

Languages: Access to interpreters

Cost/Payment Options: Insurance including Medicare and medical assistance. There is no sliding scale fee option.

Location: 830 Prairie Center Drive Suite 110, Eden Prairie

Phone Number: 612-672-6999

Hours: 8 am – 5 pm, Monday – Friday

Website: www.fairview.org

Fairview Southdale Hospital Inpatient Adult Mental Health

Services: Inpatient Acute Psychiatric / Behavioral (chemical health not offered at this sight) / ECT (Electrical Convulsive Therapy)

Eligibility/Population Served: 18 years and older

Languages: Fairview will arrange interpreters for any/all languages

Cost/ Co-payment: Insurance accepted. Uninsured persons can receive assistance with medical assistance applications.

Location: 6401 France Avenue South, Edina, MN 55435

Phone Number: Central Intake 612-672-6600

Hours: 24 hours 365 days a year

Website: www.fairview.org

The Family Partnership (formerly Family & Children's Service) South Hennepin Office

Services: Outpatient assessment and treatment for children, adolescents, adults, and families. School Success programming for youth experiencing behavioral, academic and truancy issues in school.

Eligibility/Population Served: Serving anyone in the south metro area.

Languages: Therapy – English and Spanish. School Success Program: English, Spanish, Vietnamese, Russian and Somali

Cost/Payment Options: Insurance, Medical Assistance (MA) and sliding fee scale. No cost for School Success Program.

Location: 1101 E. 78th St., Suite 318, Bloomington

Phone Number: 952-884-7353

Hours: Counseling offered 9 am – 8 pm Monday –Thursday

Website: www.thefamilypartnership.org

Children's Mental Health Case Management Services at the Storefront Group

Services: Assist children and youth who have mental health issues gain access to medical, social, educational, vocational, and other necessary services. Case management services are strengths based and involve the family and child in creating a service plan to help the child reach or maintain his/her optimal level of functioning. Services are flexible and provided within the child/youths natural environments as appropriate.

Eligibility/Population Served: Referrals come through school staff and/or through the Front Door at Hennepin County. Clients must have a mental health diagnoses (or must obtain one within the first four months of service) and be classified as Severely Emotionally Disturbed (SED) as depicted under the Comprehensive Children's Mental Health Act.

Languages: English and Spanish

Cost/Payment Options: Costs for Mental Health Case Management Services are paid for by Hennepin County.

Location: Throughout Hennepin County.

Transportation: Often, the Family School Coordinator/Case Manager is able to help with transportation. Often, service provision occurs within the client's home and/or school.

Phone Number: Call the Front Door at Hennepin County (612-348-4111) to make referral or call The Storefront Group for more information 612-861-1675

Hours: Vary according to client needs.

Website: www.storefront.org

Hennepin County Front Door

Services: The Front Door consolidates intake for most programs and assures that the consumer is connected to the level of service that best meets their needs. Service responses range from connecting callers to community resources or other providers, providing education and consultation, or providing intake into county-operated programs.

A Front Door Screener helps callers define their service needs and offers consultation about how those needs can be met. Callers in need of county intervention will be connected to a Front Door Service Planner. The service planner provides a thorough evaluation of the consumer's

needs, and short-term case management while assessing client eligibility for possible ongoing services from the county or a contracted provider.

Location: 300 South Sixth Street – MC 140, A-1400 Government Center
Minneapolis

Phone Number: 612-348-4111 Fax: 612-317-3129

Hours: 8 am – 4:30 pm, Monday – Friday

Website: www.co.hennepin.mn.us

Hennepin County Behavioral Health Case Management

Services: Behavioral Health Case Management provides direct, community-based services through interdisciplinary teams and is a certified Adult Rehabilitative Mental Health Services (ARMHS) provider. These teams assist consumers to achieve and maintain safety and stability in the least restrictive community setting. Services include case management, basic living and social skills, community intervention and medication education.

Phone Number: Call Front Door Access, 612-348-4111

Hennepin County Forensic Case Management

Services: Forensic Case Management social workers provide specialized case management services to clients who are civilly committed as Mentally Ill and Dangerous, Sexual Psychopathic Personality, or Sexually Dangerous Person, and who require tightly structured supervision and support in treatment and rehabilitation programs. Case managers monitor compliance with the conditions of release from inpatient treatment when forensic clients re-enter the community.

Location: 300 S. Sixth Street A-1400 Government Center, Minneapolis

Phone Number: 612-348-4111

Hennepin County Mental Health Centers

Services: Assessment and therapy services for children, adolescents, families, and adults including: consultation; diagnostic assessments; psychiatric evaluations; psychological evaluations; individual, couples and family therapy; group therapy; dialectical behavior therapy; medication management; dual-diagnosis programming (co-occurring mental illness and substance abuse); and outreach to homeless persons. The Center serves adults with serious mental illness and/ or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children/adolescents who are severely emotionally disturbed; have been abused or neglected; or have been court ordered for a psychological evaluation. Parents involved in child protection may be seen for evaluation and/or therapy.

Eligibility/Population Served: Children 5 +, adolescents, adults with serious mental illness and/or substance abuse in a crisis situation, primarily families on Medical Assistance (MA) or without insurance.

Cost/Payment Options: Serves those without health insurance using sliding scale fee based on income and those on medical assistance.

Location: 1801 Nicollet Ave., Nicollet Exchange Bldg., Minneapolis
3300 Bass Lake Road, Suite 400, Brooklyn Center

Phone Number: 612-596-9438

Hours: 8 am – 5 pm Mon, Tues, Thurs, & Fri; 8 am – 6 pm Wed

Impact Program at the Storefront Group

Services: Therapeutic Services for Sex Offenders and Adolescent/Child Victims of Sexual Abuse

- Work with victims of sexual abuse, children and adolescents with boundary issues and juvenile offenders of sexual crimes.
- Victims group for 6-9 year olds and their parents as well as a teen boy and teen girl victim group.
- Outpatient sex offender program for adolescent boys as well as a program for adolescents with developmental disabilities and boundary issues.
- Psychosexual assessments, individual and family therapy.

Eligibility/Population Served: Anyone in Hennepin County.

Cost/Payment Options: Hennepin County, Insurance, Sliding Fee

Location: The Storefront Group, 6425 Nicollet Ave. So., Richfield

Phone Number: 612-861-1675

Hours: 8 am – 8 pm, Monday – Thursday; 8 am – 5pm, Friday

Website: www.storefront.org

Mental Health Systems

Services: Dialectical Behavior Therapy (DBT) and crisis intervention.

Eligibility/Population Served: Adults with mental illness

Languages: English

Cost/Payment Options: Medical insurance

Location: 7200 France Avenue South, Suite 327, Edina

Transportation: On a bus line

Phone Number: (952) 835-2002

Hours: Groups are offered 9 am – 12 pm and 1 – 4 pm Monday, Tuesday, Thursday. Also have a once a week group that meets Tuesday or Wednesday evenings.

New Connections

Services: Outpatient services including: Drug Tests, Chemical Health Assessment, Chemical Dependency Treatment (Adolescent Intensive Outpatient Day Program) and referrals

Eligibility/Population Served: Adolescents 12 – 18

Languages: Interpreters can be accessed if needed

Cost/Payment Options: Self payment, Private health insurance, Military insurance, if no insurance they refer for rule 25 through the county

Location: 6446 City West Parkway, Suite 205, Eden Prairie

Phone Number: 952-941-5151

Hours: 8 am – 4:30 pm, Monday – Friday

New Outlook Early Intervention and Prevention Group-Institute for Therapy and Behavior Change

Services: Chemical health intervention, assessment and counseling for adolescents, couples and families.

Eligibility/Population Served: Adults, adolescents, couples, & families

Cost/Payment Options: Blue Cross Blue Shield provider. Most other insurance carriers will reimburse clients through mental health coverage of their group plans. Sliding fee available.

Location: 3919 West 44th Street, Ste. 200, Edina

Phone Number: 952-922-1977, x7

Hours: After school and evenings

Park Nicollet Alexander Center

Services: Serving the developmental and behavioral needs of children and their families. Diagnostic services, psychotherapy, parent guidance counseling, play therapy and group therapy. Diagnostic services offered by Alexander Center include interviews, medical evaluations, psychological and academic testing, and speech and language assessment.

Eligibility/Population Served: Any child

Languages: Access to interpreters

Cost/Payment Options: most insurance accepted, Medical Assistance

Location: 8455 Flying Cloud Drive, Suite 205, Eden Prairie

Phone Number: 952-993-2498

Hours: 8 am – 5 pm, Monday – Friday

Website: www.parknicollet.com/AlexanderCenter

Park Nicollet Clinic in Eden Prairie

Services: Mental health treatment for adults and children. Psychiatric services for adults. Children need to have a primary physician through Park Nicollet to get Psychiatric services

Eligibility/Population Served: children, adolescents, and adults

Languages: No interpreter on staff, interpreter services available.

Cost/Payment Options: Accepts MA and most insurance.

Location: 8455 Flying Cloud Drive, Eden Prairie

Phone Number: 952-993-3307

Hours: 8:30 am – 5 pm, Monday – Friday

Website: www.parknicollet.com

Pride Institute

Services: Addiction and mental health treatments to lesbian, gay, bisexual and transgender communities including depression, anxiety, drug problems, alcohol problems, sexual compulsion, eating disorders, and HIV/Aids related stress and grief.

Eden Prairie location has inpatient services and Minneapolis location has outpatient services.

Eligibility/Population Served: Lesbian, gay, bisexual or transgender adults

Cost/Payment Options: Most insurance plans, self pay, and Minnesota Rule 25 funding

Location: 14400 Martin Drive, Eden Prairie
Outpatient services located at 2836 Lyndale Avenue S, Mpls 55408

Phone Number: 952-934-7554 or 1-800-54-PRIDE to speak with admissions counselor

Website: www.pride-institute.com

ReEntry House

Services: Group Residential Housing providing intensive Residential treatment services for adults with Severe Persistent Mental Illness. Chemical Dependency treatment available. Maximum stay is 3 months.

Eligibility/Population Served: Adults with SPMI (severe and persistent mental illness)

Cost/Payment Options: Group Residential Housing funded

Location: 5812 Lyndale Avenue South, Minneapolis

Transportation: On bus line

Phone Number: 612-869-2411

Hours: 24 hours a day/7 days a week

Relate Counseling Center

Services: Outpatient mental health and chemical health assessments and counseling services to individuals of all ages, couples, and families.

Eligibility/Population Served: No eligibility restrictions. Primarily serve families and individuals in the west suburban area of Hennepin County.

Cost/Payment Options: Sliding scale, most insurance accepted

Location: 15320 Minnetonka Blvd., Suite 200, Minnetonka MN

Phone Number: 952-932-7277

Hours: 9 am – 5 pm, Monday – Friday; evenings by appointment

Website: www.relatemn.org

St. David's Child Development and Family Services

Services: Individual and family therapy, mental health assessment, caregiver support groups, play therapy, in-home services and anxiety groups as well as Mental Health Skills Training, Case Management, Autism Day Treatment, and early childhood family programs.

Eligibility/Population Served: Emphasis on serving children and families with special needs including developmental delays/disabilities, autism/Asperger's disorder, mood disorders, emotional/behavioral disturbances, physical/medical challenges, depression/anxiety

Cost/Payment Options: Private Insurance, MA

Location: 3395 Plymouth Road, Minnetonka, MN

Phone Number: (952) 939-0396

Hours: Monday – Friday

Website: www.stdavids.net

The Storefront Group

Services: Mental Health Therapy Services for Adults, Adolescents, Children, Couples & Families. Multifaceted teams of therapist(s) provide therapy for issues such as depression, anxiety, past trauma, parenting, relationship, divorce, and school concerns.

Eligibility/Population Served: Anyone

Cost/Payment Options: Private Insurance; Sliding scale fee may be available for adults; no reduced fees for children

Location: 6425 Nicollet Ave. So., Richfield

Phone Number: 612-861-1675

Hours: 8:30 am – 7 pm, Monday – Thursday; Friday by appointment only

Website: www.storefront.org

Teens Alone

Services: Free confidential counseling for youth and their parents/families. Utilizing a strengths-based solution-focused model, Teens Alone addresses a variety of adolescent, family and parenting concerns including family conflict, chemical health, mental health, struggles with school and runaway/ homeless youth prevention and intervention.

Eligibility/Population Served: Services are available to middle, junior and high school youth and their parents/families. South Hennepin clients must be reside and/or attend school in Eden Prairie school district.

Languages: Spanish speaking counselors available.

Cost/Payment Options: Free

Location: 915 Mainstreet, Hopkins

Phone Number: 952-988-TEEN for counseling; 612-377-8800 (24 hour crisis line through the Bridge)

Website: www.teensalone.org

TreeHouse

Services: TreeHouse (an outreach of Family Hope Services, Inc.) is a Christian-based nonprofit organization serving teens experiencing difficulties at home, in school, or in their communities. Youth Services include support groups, weekly meetings addressing youth-identified needs, recreational activities, retreats, summer trips, and one-to-ones.

Eligibility/Population Served: Adolescents and their families in partner school districts including Edina, Bloomington, Richfield and Eden Prairie.

Location: Main Office: 5666 Lincoln Dr, Suite 201 Edina
9030 Bloomington Freeway, Bloomington

Phone Number: Main Office: 952-238-1010; Bloomington: 952-253-0812

Hours: 8:30 am – 5 pm, Monday – Friday

Website: www.familyhopeservices.org OR www.treehouseyouth.org

Truancy, Property Offenders and Anger Management for Adolescents at the Storefront Group

Services: Early intervention/diversion services for youth who have committed a first time offense in Hennepin County. Offenses include truancy, assault charges and property offenses. The program provides assessment, monitoring, mentoring, and group/family/individual therapy.

Languages: Spanish

Eligibility/Population Served: Youth in Hennepin County who are self referred or who are referred by the county, the police or school personnel

Cost/Payment Options: Cost varies dependent on which program/service youth and families are utilizing. The Property Offender Program costs \$40 for intake session and three two-hour group sessions.

Location: The Storefront Group, 6425 Nicollet Ave. So., Richfield

Phone Number: 612-861-1675

Hours: Call to schedule intake; hours are based month to month

Website: www.storefront.org

Tubman at Chrysalis Center

Services: Chemical health assessments and treatment, mental health therapy; licensed daycare, short-term childcare for mothers on site; trauma therapy for children; Dialectical Behavior Therapy; a holistic anger management program for domestic violence abusers; community education programs.

Eligibility/Population Served: Women, children, couples and families

Languages: English and Spanish. Interpreters are arranged as needed.

Cost/Payment Options: Sliding-fee scale, Medical Assistance (MA), Medicare, private insurance, Rule 25 chemical health funding

Location: 3111 1st Avenue South, Minneapolis, MN
4432 Chicago Avenue South, Minneapolis MN

Transportation: On a bus line

Phone Number: 612-871-0118

Hours: 9 am – 8 pm, Monday – Thursday; 9 am – 5 pm, Friday

Website: www.chrysaliswomen.org OR www.tubman.org

Washburn Center for Children

Services: Assessment, supportive services, prevention and early identification, and consultation in identifying and treating children with emotional and behavioral problems.

Eligibility/Population Served: Children birth through 17

Languages: Spanish speakers available

Cost/Payment Options: Insurance and medical assistance will cover many of the services. Reduced fees based on income are available for clients not covered by a health plan.

Location: Main Office: 2430 Nicollet Avenue South, Minneapolis
West Site: Brenwood Office Park 1; 5720 Smetana Drive, Suite 310
Minnetonka, MN 55343

Phone Number: (612) 871-1454

Website: www.washburn.org

West Suburban Teen Clinic

Services: Mental health and chemical health education, assessment, intervention for teens and their families. Any outpatient medical care emphasizing pregnancy, prevention, pregnancy testing, counseling, birth control, sexually transmitted infection testing and treatment.

Eligibility/Population Served: Adolescents ages 12 – 23 and families

Cost/Payment Options: Fees are low and based on ability to pay. No one is denied service due to inability to pay. No insurance plans accepted.

Location: 478 2nd St., Excelsior, MN

Languages: Spanish speaking counselors available.

Phone Number: 952-474-3251

Hours: Medical Clinic Hours: 12 – 5 pm Monday, Thursday and Friday;
12 – 8 pm Tuesday; 10 am – 8 pm Wednesday; 10 am – 2 pm Saturday.

Website: www.westsuburbanteenclinic.org

CRISIS INTERVENTION

Community Outreach for Psychiatric Emergencies (COPE) Mobile Crisis Team

Services: On-site crisis intervention services to Adults with a mental health crisis residing in Hennepin County. Mental Health Professionals provide mobile crisis counseling, consultation, assessment, referral for hospitalization or further evaluation, and consultation with concerned others. In addition, COPE works closely with Community Support Programs (CSPs). COPE's goal is to manage crises within the person's residence and decrease the need to refer clients out of their homes for emergency care.

Phone Number: 612-596-1223

Hours: 24 Hours, 7 Days / Week

Crisis Connection

Services: Free and confidential general crisis telephone counseling to anyone in Minnesota. Volunteers, trained and supervised by professional staff, provide early intervention and brief counseling to callers whose issues include depression and anxiety, domestic violence, parent/child conflicts, grief and loss, and chronic mental illness.

Phone Number: 612-379-6363; Fax: 612-379-6391

Hours: 24 Hours, 7 Days / Week

Website: www.crisis.org

Hennepin County Adult Protection/ Adult Field Units

Services: Field workers in Adult Protection Services investigate reports of alleged abuse, neglect, and financial exploitation of vulnerable adults who are unable to protect themselves due to a physical or mental disability or dependence on institutional services.

Eligibility/Population Served: Vulnerable Hennepin County adults

Languages: Interpreter available upon request

Location: Most of the work done with this agency is done over the phone. The office is located on the 14th floor of the Government Center in Minneapolis.

Phone Number: 612-348-8526

Hours: 24 hours/day

Website: Go to www.hennepin.mn.us and follow links to "Public Safety and Law," "Emergencies," and "Report Abuse/Neglect of a Vulnerable Adult."

Hennepin County Child Protection

Services: Hennepin County Child Protection Services investigates reports of children who have been physically abused, neglected, or sexually abused. If needed, they provide services and work with the family to plan for the continued safety of the child.

Eligibility/Population Served: Hennepin County children

Languages: Interpreter available upon request

Location: This work is done primarily over the phone.

Phone Number: 612-348-3552 option #1

Hours: 24 hours/day

Website: Go to www.hennepin.mn.us and follow links to "Public Safety and Law," "Emergencies," and "Report Child Abuse or Neglect."

Hennepin County Medical Center (HCMC) Acute Psychiatric Services (APS)

Services: Evaluation and short-term treatment for persons in crisis. The center works closely with other professionals, agencies, and community resources. Services include: crisis intervention phone service responding to requests for help; suicide prevention phone service providing immediate help and referral for persons threatening suicide; and 24 hour walk in treatment of psychiatric emergencies.

Location: Hennepin County Medical Center, 701 Park Avenue South

Phone Number: 612-873-3161 Fax: 612-904-4232

Hours: 24 Hours, 7 days/week

Website: www.hcmc.org/depts/pysch/cic.htm

Metro Children's Mental Health Mobile Crisis Response

Services: Crisis response team visits the home (or other community setting) for behavioral and mental health concerns and short term intervention. Children with chemical health issues are referred to other resources. Child/ family can receive up to 3 additional visits for stabilization, treatment plan development, and resource development.

Eligibility/Population Served: Any Hennepin County child up to age 18. Children are eligible up to age 21 if continuing in secondary education past age 18. At age 21, would be referred to crisis response services for adults (COPE)

Languages: English, Spanish, some Somali.

Cost/Payment Options: Free

Location: Visits occur in private homes, schools, and other settings.

Phone Number: 612-348-2233, team responds within 30 minutes of call.

Hours: 24 Hours, 7 Days/Week

People Incorporated, Nancy Page Crisis Stabilization Program

Services: Residential Treatment Crisis Stabilization (short- term residential) services to assist individuals with serious and persistent mental illness to develop strategies and basic living skills that will maximize their capacity for more independent functioning. Length of stay is seven days without prior authorization.

Address: 245 Clifton Avenue South, Minneapolis

Phone Number: 612-870-3787; Fax: 612-870-3789

Hours: 24 Hours, 7 Days/Week

Website: www.peopleincorporated.org. Follow links to "Programs" and "People Incorporated Nancy Page Crisis Residence."

ADVOCACY

Mental Health Association of Minnesota

Services: The Mental Health Association of Minnesota responds to the needs of individuals with mental illnesses, and their family members with services in advocacy and education including: individual advocacy, community support referrals, educational materials, workshops, presentations, Best Mental Health Practices in the Workplace, suicide prevention training, consumer and family support groups, and public policy advocacy.

Eligibility/Population Served: Individuals diagnosed with a mental illness, and their families.

Languages: English & Spanish

Cost/Payment Options: Free

Location: 2021 E. Hennepin Avenue, Suite 412, Minneapolis

Transportation: On bus line, free parking

Phone Number: 612-331-6840

Hours: 8 am – 4:30 pm, Monday – Friday

Website: www.mentalhealthmn.org

Mental Health Consumer/Survivor Network of Minnesota

Services: Dedicated to self-help, education, advocacy, and the fight against discrimination and stigma for those diagnosed with a mental illness. They provide ongoing support, information, and resources to consumers, families and providers.

Eligibility/Population Served: People diagnosed with a mental illness and their families.

Cost/Payment Options: Free

Location: 1821 University Avenue West, Suite S-160, St. Paul

Phone Number: 651-637-2800

Website: www.mhcsn.net

Minnesota Association for Children’s Mental Health

Services: Mental Health Advocates help families learn more about early and effective interventions for children’s mental health disorders by offering support, information, referrals, and assistance; by building bridges between parents and professionals; and by training parents to advocate for their children.

Eligibility/Population Served: Any family who is in need of support because of having a child with a mental health diagnosis. Serves Metro area and out-state.

Cost/Payment Options: Free.

Location: Minnesota Association for Children’s Mental Health (MACMH), 165 Western Ave. North, St. Paul

Phone Number: 1-800-528-4511 / 651-644-7333

Website: www.macmh.org

Minnesota Office of Ombudsman for Mental Health

Services: Assists consumers of mental health services by answering questions about the rights of consumers, taking grievances and complaints about services, and assisting in accessing appropriate services. They also take reports of deaths or serious injuries of consumers of mental health services, as well as answer questions on the civil commitment and treatment act.

Eligibility/Population Served: Consumers and providers of mental health services.

Cost/Payment Options: Free

Location: 121 7th Place E. Ste 420, St. Paul, MN 55101-2117

Phone Number: 651-757-1800 or 1-800-657-3506

Hours: 8 am – 4:30 pm, Monday – Friday

Website: www.ombudmhm.state.mn.us

National Alliance on Mental Illness (NAMI) of Minnesota

Services: Offers programs of education, support and advocacy, and supports research efforts. NAMI-MN vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

Eligibility/Population Served: People diagnosed with mental illnesses, and their families

Languages: English, some literature in Spanish

Cost/Payment Options: Free

Location: 800 Transfer Road, #31, St. Paul, MN 55114

Phone Number: 651-645-2948

Hours: 9:30 am – 4 pm, Monday – Friday; group and class hours vary

Website: www.namihelps.org

PACER Center

Services: The Health Information and Advocacy Center provides a central source for families of children and young adults with disabilities to obtain support, advocacy, and information about the health care system and other services that are mandated by law.

- Understanding health insurance – including private insurance and medical assistance
- Filing an appeal with insurance
- Social Security Disability
- Understanding legal rights in the health care system
- Working effectively with doctors and other health professionals
- Developing health care summaries and plans for emergencies at home and school

Eligibility/Population Served: Families of children and young adults with disabilities and special health needs can obtain support.

Languages: English, Hmong, Spanish, Somali

Cost/Payment Options: Free

Location: 8161 Normandale Blvd., Minneapolis, 55437

Phone Number: 952-838-9000

Hours: 8 am – 5 pm, Monday – Friday

Website: www.PACER.org

SAVE/Suicide Awareness Voices of Education

Services: Prevention line, crisis intervention, grief and support, advocacy, and education.

Eligibility/Population Served: Children and adults at risk for suicide, or whom have survived a suicide.

Cost/Payment Options: Toll free telephone line

Location: 8120 Penn Ave. So. Suite 470, Bloomington, MN 55431

Phone Number: 1-800-273-8255 (National Hotline)
952-946-7998 (Local)

Hours: 24-hour hotline

Website: www.save.org